

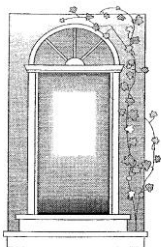
Dundas County Hospice Companion

DID YOU KNOW?

Anyone at all can refer directly to us.
Simply call 613-535-2215

We take referrals at
ANY stage of a life threatening illness.

All our services are FREE.



DUNDAS COUNTY HOSPICE PROVIDES:

- ε Trained Volunteers
- ε Volunteer Training Course
- ε Support Groups for Men & Women
- ε Caregiver Support Group
- ε Bereavement Support
- ε Library
- ε Equipment Loan Cupboard
- ε Service 7 days a week
- ε Day Hospice/Men's Breakfast

“You are as important on the day that you die as the day you were born” - Cicely Saunders

HOSPICE ACTIVITIES

Training Course: We offer a 10 week/30 hour Hospice Palliative Care Course primarily for visiting volunteers. Graduates of the March 2010 and November 2010 courses are: Ross Bennett, Jennifer Baird, Lucie Durivage, Maurice Durivage, Erin Finlay, Elizabeth Kaufman, Bonnie MacIntosh, Marg Markell, Barbara Mockett, Paulette Poulin, Carol-Anne Skerry, Dalton Smith, Tracy St. Pierre, Marsha Sypes, Dianne Grant, Riki Shaver, Jannie Van Noppen, Penny Webster, Kate Workman-Delage, Xiao-Hong Martin . Congratulations to all. Next course Fall 2011.

Volunteers: Volunteers are caring, generous and kind people. Each year, Dundas County Hospice shows our appreciation for all their hard work by having an evening of musical entertainment, snacks and a motivational speaker. We are proud of our volunteers who, in 2010, gave approximately 6800 hours of their time to 190 clients, fundraising, board, office, etc.

Library: Over 200 books and 20 videos are available for loan at any time to anyone requesting the information. Some topics covered are Hospice Care, Caring for Loved Ones at Home, Specific Illnesses, Therapies and Dealing with Illness. Some of our titles include: After the Rain, Words of Comfort, Words to Heal, Humor Your Stress and The Meaning of Life, Children & Grief.

Equipment Loan Cupboard: Through generous donations of both funds and equipment, we are able to offer our clients a variety of equipment to make life easier. Some of the items include several electric lift chairs, shampoo aids, privacy screens, room monitors and specialty comfort pillows.

Bereavement Program: In addition to individual volunteer visiting for bereaved persons, Dundas County Hospice offers seminars on helpful topics open to everyone. As well, Hospice offers bereavement support groups for those in need.

Messages and Memories: / Clients, their caregivers and/or family members are welcome to borrow video equipment to record special events with loved ones or tape their own individual messages. If you wish, a Dundas County Hospice volunteer is available to assist you in capturing your memories.

Day Hospice/Men=s Breakfast Club: Since it=s inception, these programs have been very popular with our clients. Attendance is still regular and clients are very positive. The day consists of an activity (crafts, speaker, and a nutritious meal, etc.) Occasionally, an outing is planned.

Caregiver Support Group: In addition to caring for our clients, we feel that it is important to support those who are instrumental in keeping their loved ones at home for as long as possible. This is a huge commitment on their part and they often need support to prevent burn out and help to cope with stress. These support groups currently meet monthly.

VOLUNTEERS OF THE YEAR

MARY GIBSON has been an enthusiastic and very valued volunteer with the Dundas County Hospice Board of Directors for a number of years. Mary received the Ontario Volunteer Service Award in 2010.

MARY McMILLAN has also been a valued volunteer with Dundas County Hospice and has been selected as our Volunteer of the Year.

f Well done ladies! f

OUR DUNDAS COUNTY HOSPICE TEAM

CAROL FROATS, B.A., Executive Director:

Carol is always busy being sure that the office stays organized, writing grant applications and reports, as well as serving on various committees as our representative. Carol advocates for Hospice with a strong and passionate voice.

BEA VAN GILST, R.N. Director of Client Services:

Bea assesses new clients, then matches them to the volunteers. The Day Hospice Support Programs are organized by Bea as well. She is especially appreciated for her quiet, compassionate approach to our clients. Other duties include infection control and supporting the volunteers.

JAN CLAPP, R.N., Palliative Care Course Facilitator:

Jan was one of our founding board members in 1992. She has retired from CCAC and is enjoying her work in facilitating the Volunteer Course. Jan also volunteers on our Newsletter Committee.

SPECIAL THANK YOU:

To retiring Board Member Wendy Dale. To new Board Members Hennie Joldersma & Stephany Vautour.

⌘ Dundas County Hospice is a Non-Profit Organization ⌘

All Hospice services are provided without charge to the client and their family, so that no one will go without support. Your financial gift will help. Thanks for your donations.

Gift Idea:

We greatly appreciated donations received this past year that were in lieu of a gift for a special person=s birthday, anniversary or Christmas. Income Tax Receipts are issued to the Donors and the people honoured are sent a card informing them of the donation and the Donor=s name.

Memoriam Donations:

All money received from In Memoriam donations is used for direct client care only.

Fundraising:

Your generous response to our fundraising events has enabled us to continue our Hospice Services in 2009/10. We thank you for your continued support. June 2011 is set for our annual Golf Tournament.

Heartfelt Thank You!

We would like to take this opportunity to thank the generous community for their continuous support of Dundas County Hospice.

As an example of their generosity, a special thank you to the five local Lions Clubs, Jim Mustard and the John Stewart Memorial Trust Fund.

We would also like to take this opportunity to thank the J.W. MacIntosh Seniors' Support Centre for their ongoing assistance, co-operation and our new sign at the main entrance.



MISSION STATEMENT

Dundas County Hospice strives to maintain an active program that serves and offers support to terminally ill patients and their families. The program operates in collaboration with like-minded community agencies and service groups.

2010 - 2011 STAFF

Executive Director: Carol Froats, B.A.
Director of Client Services: Bea Van Gilst, R.N.
Course Facilitator: Jan Clapp, R.N.

2010 - 2011 BOARD

Chair: Nelly Leightizer
Vice-Chair: Sandra Jennings
Volunteer Liaison: Diane Wilson
Secretary: Marilyn Boissonneault
Treasurers: Jane McIntosh
Diane Annable
Dr. C. Adamson
Medical Advisor:
Members: Crystal Dowson Hennie Joldersma
Mary Gibson Bob Pitruniak
Betty Guy Stepheny Vautour

*Board members come from all walks of life.
Anyone interested in becoming a board member
please contact the office.*

Stop in to see us at:

4324 Villa Drive, Williamsburg

Phone: (613)535-2215

Fax: (613)535-1749

Office hours: Monday to Friday ~ 8:30 am to 4:00 pm

E-mail: info@dundascountyhospice.ca

Web site: www.dundascountyhospice.ca

I would like to help: DUNDAS COUNTY HOSPICE, 4324 Villa Drive, Box 228, Williamsburg, Ont. KOC 2H0
Phone: (613) 535-2215

- My donation of \$ _____ is enclosed.
- Please send me a receipt for Income Tax Purposes.
- I would like to volunteer my time and energy.
- I would like more information about hospice programs.
- I would like to become a Dundas County Hospice member (*fee* - \$10.00).

Please make all cheques payable to:
DUNDAS COUNTY HOSPICE
Charitable Registration No.
89131 6382 RR0001

NAME: _____ PHONE: _____

ADDRESS: _____

YEAR: 2011