

Dundas County Hospice Companion

DID YOU KNOW?

Anyone at all can refer directly to us.

Simply call 613-535-2215

**We take referrals at
ANY stage of a life threatening illness.**

All our services are FREE.

DUNDAS COUNTY HOSPICE PROVIDES:



- œ **Trained Volunteers**
- œ **Library**
- œ **Volunteer Training Course**
- œ **Equipment Loan Cupboard**
- œ **Service 7 days a week**
- œ **Caregiver Support Group**
- œ **Day Hospice/Men's Breakfast**
- œ **Bereavement Support**
- œ **Support Groups for Men & Women**

∞ HOSPICE ACTIVITIES ∞

Training Course: We offer a 10 week/30 hour Hospice Palliative Care Course primarily for visiting volunteers. Graduates of the September 2012 course are: Grace Pine, Sandy Weagant, Janice Smith, Kelly McKee, Cheryl Holmes, Cathy Tupper & Kerrie Seabrook. Congratulations to all. Next course will be held in Fall 2013.

Volunteers: Volunteers are caring, generous and kind people. We are proud of our 69 Volunteers who, in 2012, gave approximately 3480 hours of their time to 122 Clients for visiting, and also for Fundraising, Board duties, Office work, etc. Each year Dundas County Hospice shows our appreciation for all their hard work by having an evening of musical entertainment, snacks and a motivational speaker.

Library: Over 200 books and 20 videos are available for loan at any time to anyone requesting the information. Some topics covered are Hospice Care, Caring for Loved Ones at Home, Specific Illnesses, Therapies and Dealing with Illness. Some of our titles include: After the Rain, Words of Comfort, Words to Heal, Humor Your Stress and The Meaning of Life, Children & Grief.

Equipment Loan Cupboard: Through generous donations of both funds and equipment, we are able to offer our clients a variety of equipment to make life easier. Some of the items include several electric lift chairs, wheel chairs, walkers, bath seats, privacy screens, room monitors and specialty comfort pillows.

Bereavement Program: In addition to individual volunteer visiting for bereaved persons, Dundas County Hospice offers seminars on helpful topics open to everyone. As well, Hospice offers bereavement support groups for those in need.

Day Hospice/Men=s Breakfast Club: Since it=s inception, these programs have been very popular with our clients. Attendance is still regular and clients are very positive. The day consists of an activity (crafts, speaker, and a nutritious meal, etc.) Occasionally, an outing is planned.

Caregiver Support Group: In addition to caring for our clients, we feel that it is important to support those who are instrumental in keeping their loved ones at home for as long as possible. This is a huge commitment on their part and they often need support to prevent burn out and help to cope with stress. These support groups currently meet monthly.

∞ VOLUNTEER OF THE YEAR ∞

NELLIE LEIGHTIZER has recently retired after being an active board member for over 10 years, serving at times as Treasurer and as Chair. A tireless advocate for Hospice, her strength is her attention to detail, searching out the facts, doing follow up, and submitting resolutions to the rest of the board. Her cheerful personality was always there to share laughs while helping to organize events. Nellie was such a large part of the biannual Hoedown fundraiser. Staff and members of the board state that it has been a pleasure to work alongside her. She will be missed. *Thanks for Volunteering*

OUR DUNDAS COUNTY HOSPICE STAFF TEAM

IN MEMORIAM:

All of us associated with Dundas County Hospice are saddened by the death of our colleague and friend, CAROL FROATS, B.A., who died in June, 2012. Carol joined Dundas County Hospice in 2003 and served as our Executive Director from 2007 until the spring of 2011, when she took a leave of absence due to illness. Carol was a passionate, tireless and sometimes outspoken believer in Hospice. We miss her very much.

BEA VAN GILST, R.N., Executive Director / Director of Client Services:

Bea has shown excellent leadership in her new role as Executive Director. She joined the team in 2005 and continues to be a strong advocate for Hospice in the community. As Director of Client Services she is especially appreciated for her quiet, compassionate approach to our clients. The Day Hospice support programs are organized and facilitated by Bea as well and she continues to provide support for the visiting volunteers.

JAN CLAPP, R.N., Palliative Care Course Facilitator:

Jan was one of our founding board members in 1992. She has retired from CCAC and since 2005 has been enjoying her work in facilitating the Course for volunteers and other interested individuals.

LISA CASSELMAN, Office Administrator:

Lisa joined us in June 2011. She assists with budgeting and prepares and submits reports to the Ministry of Health. We welcome Lisa's excellent office management skills and caring communications with clients.

Dundas County Hospice is a Non-Profit Organization

All Hospice services are provided without charge to the client and their family, so that no one will go without support. Your financial gift will help. Thanks for your donations.

Gift Idea:

We greatly appreciated donations received this past year that were in lieu of a gift for a special person's birthday, anniversary or Christmas. Income Tax Receipts are issued to the Donors and the people honoured are sent a card informing them of the donation and the Donor's name.

Memoriam Donations:

All money received from In Memoriam donations is used for direct client care only.

Fundraising:

Your generous response to our fundraising events has enabled us to continue our Hospice Services in 2011/2012. We thank you for your continued support. A special thank you to volunteers and supporters for a very successful HOEDOWN in 2012. June 8, 2013 is set for our annual Golf Tournament.

Heartfelt Thank You!

MISSION STATEMENT

We would like to take this opportunity to thank the generous community for their continuous support of Dundas County Hospice.

As an example of their generosity, a special thank you to the local Service Clubs, North and South Dundas Townships.

We would also like to take this opportunity to thank the J.W. MacIntosh Seniors' Support Centre for their ongoing assistance.

Dundas County Hospice strives to maintain an active program that serves and offers support to terminally ill patients and their families. The program operates in collaboration with like-minded community agencies and service groups.

2012 - 2013 BOARD

Chair:	Bob Pitruniak
Vice-Chair:	Sandra Jennings
Volunteer Liaison:	Diane Wilson
Secretary:	Marilyn Boissonneault
Treasurer:	Diane Annable
Medical Advisor:	Dr. C. Adamson
Members:	Crystal Dowson Paul Renaud Mary Gibson Arlene Nesbitt Betty Guy Jackie McMillan



The "Autumn Crocus" is the symbol of the hospice movement because these crocuses add a burst of colour just as many flowers are dying, which is symbolic of the care and support provided by hospice volunteers at the end of life.

*Board members come from all walks of life.
Anyone interested in becoming a board member
please contact the office.*

Stop in to see us at:

4324 Villa Drive, Williamsburg

Phone: (613) 535-2215

Fax: (613) 535-1749

Office hours: Monday to Friday ~ 8:30 am to 4:00 pm

E-mail: info@dundascountyhospice.ca

Web site: www.dundascountyhospice.ca

"Like" us on Facebook – Dundas County Hospice

I would like to help: DUNDAS COUNTY HOSPICE, 4324 Villa Drive, Box 228, Williamsburg, Ont. K0C 2H0
Phone: (613) 535-2215

- My donation of \$ _____ is enclosed.
- Please send me a receipt for Income Tax Purposes.
- I would like to volunteer my time and energy.
- I would like more information about hospice programs.
- I would like to become a Dundas County Hospice member (*fee* - \$10.00).

Please make all cheques payable to:
DUNDAS COUNTY HOSPICE
Charitable Registration No.
89131 6382 RR0001

NAME: _____ PHONE: _____

ADDRESS: _____

YEAR: 2013