



# Hike for Hospice

**Sunday, May 7, 2023**

**12:30pm Registration**

**1:00pm Start Time**

**South Mountain Branch  
SD&G Library**

**10543 Main St.  
South Mountain**

*Hike and raise funds to help  
support Hospice services in  
Dundas County!*



613-535-2215  
4353 County Rd 31 Williamsburg, ON K0C1H0  
[info@dundascountyhospice.ca](mailto:info@dundascountyhospice.ca)  
[www.dundascountyhospice.ca](http://www.dundascountyhospice.ca)

**All participants must sign the liability waiver below. All participants under the age of 18 must have a parent or guardian sign on their behalf.**

I, \_\_\_\_\_,  
hereby agree to indemnify and hold the  
Dundas County Hospice harmless from any or  
all liability (personal, physical and/or financial)  
related to the participation in a Hike for  
Hospice Palliative Care awareness and  
fundraising event to be held in South Mountain,  
in the province of Ontario. This event is  
scheduled to take place Sunday, May 7, 2023.

Signature:

\_\_\_\_\_

Printed Name:

\_\_\_\_\_

Date:

\_\_\_\_\_



## What's happening?

This spring, people across Canada will gather pledges and Hike to raise public awareness for hospice palliative care. This major fundraising initiative will help advance the hospice palliative care initiatives in your local community.

## What is Hospice Palliative Care?

Hospice palliative care provides physical, psychological, social, spiritual, and practical support to people living with life-threatening illness, their loved ones, and the bereaved.

## Why Hike?

- 80% of Canadians say they want quality hospice at the end of life, yet less than 15% have access to it.
- Hospice palliative care is currently underfunded and under-recognized.

## Team Up!

Form a team and Hike with friends, family or coworkers. Simply designate a team captain, choose a team name and have a ton of fun together!



Please bring this pledge form and pledges to the CHECK-IN DESK on Hike day. If you're hiking virtually, all money raised must be turned in to Hospice by May 31st

**DATE: Sunday May 7, 2023-Registration begins at 12:30 or Hike virtually throughout May**

Make Cheques payable to: Dundas County Hospice

Charitable Business Number: 89131 6382 RR0001

**ORGANIZATION:** \_\_\_\_\_

**PLEDGES IN MEMORY OF: IN HONOR OF:**

Participant's Name	Street Address	City	Prov.	Postal Code	Telephone	Email	Pledge	PD	Tax Receipt Required
Team Name									
Team Captain									
Sponsor Name	Street Address	City	Prov.	Postal Code	Telephone	Email	Pledge	PD	Tax Receipt Required

Tax receipts will be issued for donations of **\$20 and over provided full name and address is complete and legible!!** Please print!!